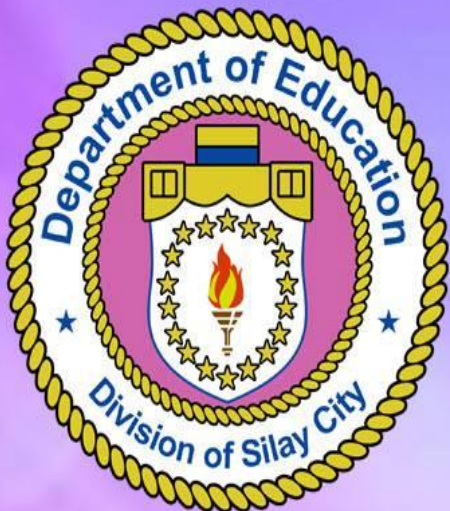


COOKERY NC II

INTEGRATION OF LOCAL HERITAGE THEME: SILAY LOCAL FOOD & PRODUCTS

MATRIX FOR CONTEXTUALIZATION



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 Region VI-Western Visayas
SCHOOLS DIVISION OF SILAY CITY
 City of Silay




MATRIX FOR CONTEXTUALIZATION

Integration of Local Heritage Theme: Silay Local Food and Products

Puso Sang Saging

COOKERY NC II

SPECIALIZATION/SUBJECT TAUGHT	THEME	CD CODE	NATIONAL COMPETENCY	CONTEXTUALIZED COMPETENCY	CONTEXTUALIZED STRATEGY	CONTEXTUALIZED ASSESSMENT
Cookery NC II	Food and Products	TLE_HEC K9-12SW-IIIb-g--12	The learners demonstrate an understanding on how to prepare sandwiches.	Demonstrate on how to prepare filling for hot sandwiches using <i>puso sang saging</i> .	<p>The learners shall prepare <i>puso</i> patties for filling of hot sandwiches.</p> <p>RECIPE OF <i>PUSO</i> PATTIES FOR HOT SANDWICHES</p> 	<p>The learners shall prepare and present <i>puso</i> patties and <i>puso</i> burger.</p> <p>Activity performance rubric will be used to evaluate performance.</p> <p>Rubric to evaluate the quality output shall be used.</p>

					<p>Ingredients:</p> <ul style="list-style-type: none">2 cups banana blossoms (<i>Puso sang Saging</i>)2 pieces eggs4 cloves garlic (minced)1 medium white onion (minced)1 teaspoon salt½ cup flour½ tsp. black pepper1 cup cooking oil for frying <p>Procedure:</p> <ol style="list-style-type: none">1. Perform <i>mise en place</i>.2. Remove the mature layers of the banana blossom.3. Slice into quarters.4. Cook them in 1 liter of boiling water until soft and tender.5. Chop them into small pieces. Drain and remove excess water.6. Combine the banana blossoms together with the rest of the ingredients, mix well until desired consistency.7. Mold into patties and fry in heated oil until cooked and golden brown.8. Ready to fill your sandwiches.	
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