

# MAPEH

## Contextualized Budgetary Outlay HEALTH



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## **BUDGETARY OUTLAY IN MAPEH 10**

**Health**  
**(Teacher’s Material)**

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# MAPEH

## Contextualized Budgetary Outlay

### HEALTH

This contextualized budgetary outlay was collaboratively developed and reviewed by educators from the Schools Division of Silay City. We encourage teachers to email their feedback, comments, and recommendations to the Schools Division of Silay City at [deped.silay@deped.gov.ph](mailto:deped.silay@deped.gov.ph)

**We value your feedback and recommendations.**

# BUDGETARY OUTLAY

## HEALTH

### GRADE X

<b>FIRST QUARTER</b>	
<b>CONTENT STANDARDS</b>	Understands the guidelines and criteria in the selection and evaluation of health information, products, and services
<b>PERFORMANCE STANDARDS</b>	Demonstrates critical thinking and decision-making skills in the selection, evaluation and utilization of health information, products and services

DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 1-2	2	<p>Differentiates reliable from unreliable health information, products and services</p> <p>Explains the guidelines and criteria in the selection and evaluation of health information, products and services</p>	<p>Explain the Pros and Cons of knowing the reliable and unreliable sources of health information, product and services</p> <p>Discuss the criteria and guideline in the selection and evaluation of health information, products and services</p>	<p>Guidelines and Criteria in the Selection and Evaluation of:</p> <ul style="list-style-type: none"> <li>*Health Information</li> <li>*Health Products</li> <li>*Health Services</li> </ul>	<p>H10CH-Ia-b-19</p> <p>H10CH-Ia-b-20</p>	<p>LM pp 202-204</p> <p>TG pp 220-223</p>	<p>pictures of health products and health services</p> <p>laptop</p> <p>TV</p>

DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 3-5	3	<p>Discusses the various forms of health service providers and healthcare plans</p> <p>Selects health professionals, specialists and health care services wisely</p>	<p>Examine the various forms of health service providers and health care plans</p> <p>Acquire knowledge on health care professionals and healthcare providers</p>	<p>Health Service Providers</p> <p>*Health Professionals</p> <p>*Health Facilities</p> <p>*Health Care Plans and Financing Systems (PhilHealth, Health Maintenance Organization, Private Health Insurance)</p>	<p>H10CH-Ia-b-21</p> <p>H10CH-Ic-22</p>	<p>LM pp 204-207</p> <p>TG pp 222-223</p>	<p>pictures</p> <p>laptop</p> <p>Power Point Presentation</p>
Day 6-7	2	<p>Explains the nature and dangers of quackery</p> <p>Reports fraudulent health services</p>	<p>Discuss the dangers of quackery</p> <p>Identify fraudulent health services</p>	<p>Quackery: Types (Medical, Nutrition, Device) and Harmful Physical and Psychological Effects</p>	<p>H10CH-Ic-23</p> <p>H10CH-Ic-24</p>	<p>LM pp 216-219</p> <p>TG p 224</p>	<p>laptop</p> <p>amulets</p>

DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 8-9	2	<p>Explains the different kinds of complementary and alternative health care modalities</p> <p>Explains the importance of consumer laws to protect public health</p>	<p>Recognize the role of alternative and complementary health modalities</p> <p>Explain the importance of having knowledge on laws</p>	<p>Complementary and Alternative Healthcare Modalities</p> <p>Herbal Medicine (Medicinal Plants Approved by the Department of Health)</p> <p>*Acupuncture</p> <p>*Ventosa</p> <p>Massage</p> <p>Cupping</p> <p>Therapy</p> <p>*Reflexology</p> <p>*Naturopathy</p>	<p>LM pp 209-213</p> <p>TG p 223</p>	<p>H10CH-Id-25</p> <p>H10CH-Id-26</p>	<p>pictures</p> <p>laptop</p> <p>glass</p> <p>match</p> <p>pawn</p>

<b>DAY</b>	<b>NO. OF DAYS</b>	<b>LEARNING COMPETENCIES</b>	<b>OBJECTIVES</b>	<b>SUBJECT MATTER</b>	<b>CODE</b>	<b>REFERENCE</b>	<b>MATERIALS</b>
Day 10-11	2	Identifies national and international government agencies and private organizations that implement programs for consumer protection  Participates in programs for consumer welfare and protection	Recognize the presence and importance of NGO's and GO's in our health sectors  Name government programs on health which they participated in	Consumer Welfare and Protection *Consumer Law *Consumer Protection Agencies and Organizations	H10CH-Ie-f-27  H10CH-Ig-h-28	LM pp224-229  TG p226	laptop print-out of the Consumer Act (R.A. 7394) video clips
Day 12	1	Summative Test					

## SECOND QUARTER

<b>CONTENT STANDARDS</b>	Demonstrates understanding of current health trends, issues and concerns in the local, regional, and national levels
<b>PERFORMANCE STANDARDS</b>	Demonstrates critical thinking skills in exploring local, regional and national health trends, issues, and concerns

DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 1-2	2	Discusses the existing health related laws	Discuss the existing health-related laws	Existing National Laws Related to Health Trends, Issues, and Concerns *Responsible Parenthood and Reproductive Health Act (RA10354) *Tobacco Regulation Act of 2003 (RA 9211)	H10HC-IIa-1	LM pp 238-242 TG pp 236-237	laptop printed materials from R.A. 10354
Day 3-4	2	Explains the significance of the existing health related laws in safeguarding people's health	Understand the benefits derived from safeguarding people's health	Comprehensive Dangerous Drugs Act of 2002 (RA 9165)	H10HC-IIb-2	LM pp 243-244 TG pp 237-238	laptop pictures



<b>DAY</b>	<b>NO. OF DAYS</b>	<b>LEARNING COMPETENCIES</b>	<b>OBJECTIVES</b>	<b>SUBJECT MATTER</b>	<b>CODE</b>	<b>REFERENCE</b>	<b>MATERIALS</b>
Day 5-6	2	Follows existing health related laws	Discuss health related laws	Health Related Laws	H10HC-IIc-d-3	LM pp 236-237 TG p 236	Powerpoint Presentation
Day 7-8	2	Critically analyzes the impact of current health trends, issues, and concerns	Discuss the role of alternative medicine	National Environmental Awareness and Education Act of 2008	H10HC-IIc-d-4	LM pp 247-248 TG pp 238-239	laptop pictures of Road Safety Signages
Day 9-11	3	Recommends ways of managing health issues, trends and concerns	Enumerate ways of managing health issues, trends and concerns	Ways of Managing Health Issues, Trends and Concerns	H10HC-IIe-g-5	LM pp 240-248 TG pp 237-239	laptop Powerpoint Presentation
Day 12	1	Summative Test					

### THIRD QUARTER

<b>CONTENT STANDARDS</b>	Demonstrates awareness of global health initiatives
<b>PERFORMANCE STANDARDS</b>	Demonstrates competence in applying knowledge of global health to local or national context global initiatives

DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 1-3	3	Discusses the significance of global health initiatives	Understand the Millennium Development Goals (MDGS)	Millennium Development Goals (MDGs)	H10HC-IIIa-1	LM pp 262-264 TG pp 246-248	pictures of MDGS Framework
Day 4-6	3	Describes how global health initiatives positively impact people's health in various countries	Identify & understand the different initiatives that positively impact people's health in various countries	Millennium Development Goals (MDGs)	H10HC-IIIb-c-2	LM pp 262-264 TG pp 246-248	printouts & readings about initiatives in various countries
Day 7-9	3	Analyzes the issues in the implementation of global health initiatives	Describe the (WHO) framework convention on tobacco control  Identify the different global mental health action plan	WHO Framework Convention on Tobacco Control  Global Mental Health Action Plan	H10HC-IIIb-c-3	LM pp 278-278 TG p 252  LM p 269 TG p 247	laptop pictures & readings on tobacco control

DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 10-11	2	Recommends ways of adopting global health initiatives to local or national context	Create ways of adopting Global health initiatives to local or national context	Global Strategy to Reduce the Harmful Use of Alcohol  Global Alliance for Vaccines and Immunizations	<b>H10HC-III d-e-4</b>	LM pp 267-268  TG p 247	laptop (PPT), LED Monitor, DLP
Day 12	1	Summative Test					

## FOURTH QUARTER

CONTENT STANDARDS		Demonstrates understanding of the concepts in planning a health career					
PERFORMANCE STANDARDS		Prepares an appropriate plan of action in pursuing a health career					
DAY	NO. OF DAYS	LEARNING COMPETENCIES	OBJECTIVES	SUBJECT MATTER	CODE	REFERENCE	MATERIALS
Day 1-2	2	Discusses the components and steps in making a personal health career plan	Demonstrate understanding of the concepts in planning a health career	Planning for a Health Career *Importance *Components *Steps *Health Career Pathways	H10PC-Iva-b-1	LM pp 305-309  TG pp 279-290	laptop (PPT) LED Monitor DLP
Day 3-5	3	Prepares a personal health career following the prescribed components and steps	Prepare a personal health career plan following the prescribed components and steps	Personal Health Career	H10PC-Iva-b-2	LM pp 309-311  TG pp 279-290	laptop (PPT) LED Monitor DLP
Day 6-8	3	Explores the various health career paths; selects a particular health career pathway based on personal competence and interest; participates in a health career orientation program	Attend a health career orientation program	Health Career Orientation	H10PC-IVc-d-3	LM pp 311-312  TG pp 279-290	questionnaires on self- evaluation  survey questionnaires
Day 9	1	Decides on an appropriate health career path	Analyze what health career path to take	Health Career Path	H10PC-IVc-d-4	LM pp 322-323  TG pp 279-290	microphones speakers projector computer
Day 10	1	Summative Test					

